

GAMIFY TRAINING WITH LEADERBOARDS

Drive motivation & intent:

Output's leaderboards are a great way of seeing how your athletes compare in real time during a session.



Athlete leaderboards:

Create competition between athletes/clients and boost **motivation** during sessions with Output's leaderboards feature which can be displayed on a **large screen** for all athletes to see.

The screenshot shows the 'Leaderboards' page on the Output website. The page is divided into three columns, each displaying a leaderboard for a different exercise. Each column has a title, a dropdown for the exercise name, a dropdown for the metric, and a list of athletes with their names, profile pictures, and scores. At the bottom of each column, there are filters for 'Filter by Groups' and 'Time Period'.

| Exercise | Metric | Rank | Name | Score |
|--------------------|------------------|------|-------------------------|--------|
| Straight Leg Raise | Range of Mot... | 1 | Damien McKeown | 128° |
| | | 2 | Kelly Murtagh | 127° |
| | | 3 | Sean McVeigh | 122° |
| | | 4 | Deirdre Murray | 116° |
| | | 5 | Test Athlete | 115° |
| | | 6 | Elizabeth Kinsella Kent | 109° |
| | | 7 | Darragh Whelan | 100° |
| | | 8 | Adam Byrne | 98° |
| | | 9 | Julian Eberle | 98° |
| | | 10 | Martin O'Reilly | 94° |
| Bilateral CMJ | Jump Height | 1 | Cathy Goulding | 76.5cm |
| | | 2 | Deirdre Murray | 56.7cm |
| | | 3 | Aoibheann Reilly | 42.7cm |
| | | 4 | Emily Lane | 40.4cm |
| | | 5 | Elizabeth Kinsella Kent | 38.7cm |
| | | 6 | Karina Araujo | 38.5cm |
| | | 7 | Nina Pichler | 32.4cm |
| Squat jump | Overall Mean ... | 1 | Chris Slocum | 1851W |
| | | 2 | Aaron Larmore | 1527W |
| | | 3 | Jordan Allan | 800W |
| | | 4 | Martin O'Reilly | 690W |

Benefits of leaderboards:



Gamifying training makes it more enjoyable



Leaderboards create healthy competition and drives intent



Climbing the leaderboard is highly motivating for clients and causes them to work harder during training

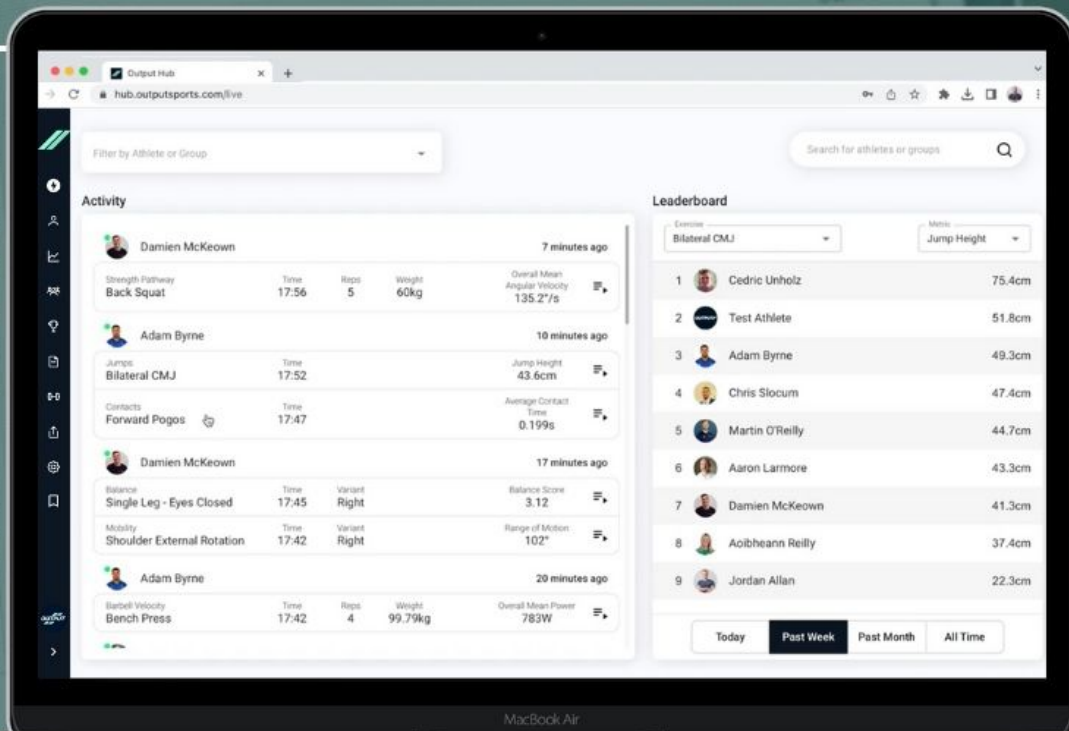


A sense of achievement will spur athletes on

Leaderboards can be created for the whole group session or be split into smaller groups to match athletes with those of a similar level. This prevents anyone from getting disheartened.

The coach's leaderboard:

Each athlete will have a green symbol beside their name for the duration of their session. As they complete each exercise, **real-time performance data will populate on the coach's leaderboard**, giving you the ultimate overview of your athletes' performance.



Watch our video walkthrough of leaderboards in action!

The screenshot displays the 'Leaderboards' page on the Output Sports website. It features three columns of data for different exercises: 'Straight Leg Raise | Range of Motion', 'Bilateral CMJ | Jump Height', and 'Squat Jump'. Each column lists athletes and their performance metrics. A large play button icon is overlaid in the center of the screenshot.

| Exercise | Metric | Rank | Name | Value |
|--------------------|------------------|------|-------------------------|--------|
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Access today via the link in our bio!